

Your donation to United Way supports important programs in Lake & Cook Counties.

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LIVE UNITED™ 

Community Partners - Living at Home Block Nurse Program

505 First Avenue
Two Harbors, Minnesota 55616
(218) 834-8024
www.communitypartnersth.org



Purpose:

Community Partners helps older persons live independently in their own home or apartment. We accomplish this by organizing neighborhood volunteers and providing information, service coordination and family caregiver support services.

Funding from United Way supports:

Funding from United Way supports the Volunteer Program, which coordinates volunteer drivers, chore providers, friendly visitors, help with shopping and other supports to help people live independently in their own home.

Why is United Way funding important to your program/organization?

Funding from local sources like United Way is very important to our program! Our agency is funded by at least sixteen different funding sources and a number of private contributions. It is helpful to say that we are also a "united way" agency. Each source of support builds on another and helps us leverage the funding that we need.

What can my contribution accomplish?

- A one time gift of \$15.00 purchases a gas card for a volunteer. Our new policy is to give volunteers a \$15.00 gas card with funding provided by the participant if they can afford it. If they are low income and cannot afford to pay, we provide the gas card with funding from grant sources.
- A one time gift of \$70.00 funds a day of the volunteer coordinator's time. In a day she can assess client needs, recruit a volunteer and make a connection between neighbors that may or may not know each other. We have had volunteer/participant relationships that have lasted over six years. In this time the participant may lose a spouse, move to a new housing arrangement and navigate the healthcare system through various illnesses and/or chronic conditions. Our staff and volunteers have relationships that last over time and help seniors keep their independence and dignity through many healthcare and housing transitions.

Clients Served 2010:

250 seniors received help coordinating services and direct help from a volunteer. Volunteers provided nearly 4000 of direct services and help with leadership and administration for our program.

Examples of Volunteer Service Coordination for Local Seniors

- When a local resident needed transportation to Duluth for cancer treatments (and was not eligible for a Medical Assistance driver), Community Partners volunteers provided daily rides during his course of treatment.
- When a family caregiver had to go out of town for two weeks, the Community Partners Caregiver Consultant helped the family find a worker and contract with the worker to check on their loved one 7 hours a day.
- When a spouse who provides round-the-clock care needed some time to herself, Community Partners volunteers provided a break.
- When a Knife River resident needed daily meal delivery, Community Partners coordinated volunteers to deliver the meal.

Girl Scouts of MN and WI – Lakes and Pines

424 W Superior St # G3
Duluth, MN
(218) 726-4710
www.gslakesandpines.org



Purpose:

To provide girls, ages 5-17, an environment where they can develop the leadership skills they need to grow into caring and competent citizens. Through the support of caring adult mentors, girls learn to develop their own self-potential, build relationships with other girls and adults throughout their community, provide service to their community, and – in partnership with their families – develop their values.

Funding from United Way supports:

Recruitment and retention of girls ages 5-17 who live on the North Shore. Funding will help bring resources to girls in these areas including programs, events, opportunities to learn about themselves, adult mentoring, etc.

Why is United Way funding important to your program/organization?

United Way funds allow us to work cooperatively with organizations with similar missions to reach a greater number of girls, including girls currently incarcerated at the Arrowhead Juvenile Center to help them improve self-esteem, learn more about serving their community, form stable, nurturing relationships with other girls, and be introduced to positive female role models.

What can my contribution accomplish?

- \$9 per pay period helps 10 under-privileged girls start their Girl Scout journey with troop sashes, books and badges for their first year.
- \$10 per pay period for one year provides 60 Girl Scouts on the North Shore with transportation for an all day field trip.
- \$10 per pay period for one year provides 10 Girl Scout adult volunteers with First Aid and CPR training and certification.

Clients Served Last Year: 144 girls

Examples of how people are helped by the services provided by your program

- Donations from the United Way subsidize costs for membership fees, insignia, and camps, allowing Girl Scouts from socio-economically challenged backgrounds to participate in troops, camps, and activities.
- Girls are provided with programming that focuses on science, engineering, technology, and math to encourage their interests in these areas.
- Provides Girl Scouts with programs about environmental conservation, global citizenship, and commitment to community.

Human Development Center: Harbor Center

629 1st Avenue
Two Harbors, MN 55616
(218) 834-5520

The Harbor Center is located at 111 Waterfront Drive in Two Harbors, MN. Everyone is welcome and it is open Monday through Saturday 12:30am to 4:30pm. For more information call (218) 834-5520.

Purpose:

The Harbor Center provides a positive place for adults who experience various forms of mental illness to socialize and enjoy a safe environment free of stigma. The center's daily programming is consumer directed. In a small rural area there are no other places that offer this opportunity for these people. This helps in their recovering from the negative effects that mental illness can present in a person's life.

Funding from United Way supports:

United Way Funds support activities at the Harbor Center. Each month a variety of activities are planned and participants can attend any activity offered. The activities:

- Encourage Harbor Center participants to be a part of their broader community and to give back to their community,
- Encourage awareness of the greater world by celebrating traditions, heritages and cultures
- Creates connections with others to make friends while learning how to be self-sufficient and integrate into the community.
- Increase positive life skills by educating one-another and the community about mental illness, treatment and coping strategies through informal support.
- Teach the consumers to give back to the community through donating crafts and other handmade items to silent auctions that benefit a community member (in need) or community cause.

Why is United Way Funding important to your program?

With the cut back in state grants, there no long is enough funds to fund activites. All the state monies are spent for bricks and mortar. In addition we have volunteers keeping the center opened extra hours because of the need for this type of programming. United Way funds support the Harbor Center's activities and special events. Without community based support, the Harbor Center would not be able to continue to provide the services that are so greatly needed.

What can my contribution accomplish?

- A \$10 donation can provide refreshments for a group.
- A \$25 donation can provide a tool for a new craft.
- A \$50 donation can provide craft supplies for a group or personal hygiene products for bingo prizes.
- A \$100 donation can provide gas for a small group to attend an event out of the area.

Clients served in 2010:

Harbor Center served approximately 50 individuals.

Examples of how people are helped by the Harbor Center services.

- When an individual's mental health symptoms caused relationships to deteriorate, this person learned they could return and rebuild the relationships.
- Participants are integrated into the community by volunteering for individuals by shoveling, doing yard work and donating crafts to fund raising benefits for individuals and organizations.
- When an individual had problems with their landlord, this person benefited from the network of support within the Harbor Center to know how to address the problem.
- When an individual had difficult family relationships this person learned to develop friendships with others.

Kids Plus – Two Harbors and Silver Bay

For more information call Community Education (218) 834-8201 ext. 8230 or (218) 226-3290.

Purpose:

Kids Plus Two Harbors and Silver Bay improves the well-being of children and youth by providing opportunities for adults and children to come together making a commitment to shared learning, respect of self and others while creating solutions to the problems and concerns that youth face today in our communities. KIDS PLUS provides meaningful opportunities for youth to be involved in positive activities and become engaged leaders in our community. KIDS PLUS provides an opportunity for students to develop good mental health and well-being, good self esteem, and provide information to encourage positive lifestyle choices.

Funding from United Way supports:

Funding has primarily supported staffing for program coordination, however in the coming year, funding will be used for activity supplies and scholarships for youth who cannot afford the fees for specific activities. Staffing is being provided by 2 AmeriCorps members and the Community Education Director.

What can my contribution accomplish?

- \$50 per week throughout the school year (40 weeks) will fund supplies for 16 “Spill ‘N’ Chills” – a Friday homework/study time where KIDS PLUS tutors help their fellow students with study skills.
- \$20 per month provides materials for youth/senior activities during “Seniors Prom at the Veterans Home” in Silver Bay
- \$12 per pay period (24) will provide funding for materials used in the KIDS PLUS Resource Room at William Kelley School (used before and after school for tutoring and KIDS PLUS meetings)
- \$20 per pay period will fund some free books, craft materials and snacks for “Kindergarten Here We Come”, events in each town to promote school readiness and literacy for families. KIDS PLUS Youth help with sibling care and craft activities.

Clients Served Last Year: Two Harbors – 2,600; Silver Bay – 166 youth and 2,000 community members

Examples of how people are helped by the services provided by your program

Youth have safe, interesting and inspiring activities and service options to participate in under the supervision of trusted adults. They gain leadership skills by determination of the events they will participate in, organize or help with. Community organizations are assisted by the youth and often programs are enhanced by the intergenerational aspect youth can lend.



Ecumen – Lakeshore at Home

If you would like more information, please give us a call.
Admissions and referrals (218) 625-7829
General information (218) 625-7848
www.lakeshoreliving.org/lakeshoreathome



Purpose of your Program:

Lakeshore at Home is a Medicare Certified Home Care agency, providing both skilled and non-skilled home care services, such as nursing care, physical, occupational and speech therapy, home health aide (ADL assistance) and homemaking (chore) services.

Why is United Way funding important to your program/organization?

Funding is limited under the waived services programs and often times an elderly client will need an extra service or visit that is not covered or that they cannot afford to pay for privately. United Way funding allows us to make that home care visit or provide the needed service with the goal of keeping the client safe, well, and in their own home for as long as possible.

Funding from United Way supports:

UW funding is designated for those clients in need of services with no means to pay for the service. Focus is on the elderly population.

What can my contribution accomplish?

- \$5 per pay period will provide homemaking support for one month.
- \$10 per pay period will provide an elderly or disabled person with a weekly home health aid to help ensure safe bathing and personal hygiene for 1 month.

Clients Served Last Year: 70 in Lake County

Examples of how people are helped by the services provided by your program

- Provide an extra visit to a client that isn't covered when they drop their pillbox after their meds have already been set up for the month and need to have their medications set up again.
- Provide an at home visit for a client upon physician's request when it is otherwise difficult and taxing for them to go to the clinic for follow up.
- Make an unpaid house call visit when a client, family or friend has medical concerns or questions.
- Provide area flu shot clinics.

Northshore Area Partners

99 Edison Blvd. Rm#21
Silver Bay, MN 55614
(218) 226-3635
www.northshoreareapartners.org



Purpose:

Northshore Area Partners, the Living At Home Program of the Beaver Bay, Finland, Isabella, Little Marais, Silver Bay and surrounding area, works to support citizens age 65 and older who wish to remain independent in their own homes.

Funding from United Way supports:

Funding from United Way supports the Volunteer Coordinator position. The Volunteer Coordinator position is responsible for recruiting and supporting volunteers. This includes orienting, training and monitoring volunteers. The Volunteer Coordinator is supervised by the director.

Why is United Way funding important to your program/organization?

United Way funds pay for the recruitment, training and supervision of 70 volunteers. Without these volunteers NSAP could not provide care to over 211 senior citizens. Volunteers are the heart of the program. Without volunteers we would be unable to provide many vital services that allow senior citizens to remain living in their homes.

United Way funding also tells other NSAP stakeholders that the community is supporting the programming. A show of community backing helps NSAP leverage other State and Federal funding streams.

What can my contribution accomplish?

- \$25 will provide a ride to a medical appointment in Duluth for someone who lives in Finland, MN.
- \$3.82 per pay period will provide funding for one day of our volunteer coordinators time. During that time, she could organize six rides to medical appointments, plan a volunteer training session, meet with a participant to coordinate and implement service, and set up 4 hours of respite for a caregiver.
- \$0.63 per pay period pays for the time it takes to organize volunteers to pick up and deliver Frozen Meals on Wheels to 20 participants in rural areas

Clients Served Last Year:

211 elders received over 3800 hours of volunteer service.

Examples of Volunteer Service Coordination for Local Seniors

- Edith is a caregiver for her husband who suffers from dementia. Edith does not drive and her husband is homebound due to the complications from his illness. Two NSAP volunteers go into Edith's home, one stays with her husband while another takes Edith shopping or to appointments or caregiver support group. This provides Edith with a well-deserved break from care giving and some social time. It also allows her to get her shopping done without worrying about her husband alone at home.
- Hilda is legally blind and lives alone. A NSAP volunteer visits with her twice a week to read all of her mail to her and help her pay her bills. This volunteer also helps with some housekeeping chores. NSAP brought State Services for the Blind into Hilda's home to install adaptive aids and provide Hilda with instructions on how to function safely in a sighted world. The NSAP volunteer uses several of the adaptive appliances when helping Hilda write checks and read mail.
- All NSAP volunteers are recruited, trained and organized by the Volunteer Coordinator.

North Shore Collaborative

616 Third Avenue
Two Harbors, MN 55616
218-834-8538

www.northshorechildren.com



Purpose:

The North Shore Collaborative is a children's mental health and family support collaborative. Our goals are:

- To promote developmental asset-building as a primary approach to both wellness and risk prevention efforts with North Shore youth.
- To encourage family involvement and fun while promoting early literacy with preschool children.
- To promote children's mental health, reduce stigma, and improve access to services in community schools.
- To strengthen resilience among at-risk youth through comprehensive planning for abuse prevention and family support.

Funding from United Way supports:

LOTS, Learning Opportunities Through Stories, an early literacy program conducted each summer for seven weeks in four North Shore communities: Two Harbors, Silver Bay, Grand Marais and Grand Portage. LOTS has served over 450 children and their parents the past three summers. The curriculum is evidence-based and sessions are conducted by local early childhood professionals. Each child receives a free book at every session and is enrolled in Imagination Library.

Why is United Way funding important to your program/organization?

The United Way's annual contribution to the Collaborative makes it possible to sustain the LOTS program from year-to-year. The needed local contributions are within the means of participating community partners.

What can my contribution accomplish?

- \$15 pays for a child to attend a LOTS session with his or her parent, participate in an art and craft activity about today's story, and receive a free book to take home.
- \$100 pays for a child to participate in LOTS, receive 7 free books during the program and an additional 12 books each year through Imagination Library.

Clients Served Last Year: 115 in LOTS program

Examples of how people are helped by the services provided through the LOTS program

- 53% of participating families earn less than 150% of the poverty level. These are the families least likely to have children's books in the home. In 2010 93% of participating parents reported learning important concepts that helped them encourage their children's reading skills and improved communication between children and parents. 80% of participating parents described the program as "great", the remaining 20% described it as "good". No one rated the program fair or poor.



North Shore Horizons, Inc.

127 7th Street
Two Harbors, MN 55616-1409
(218) 834-5924
www.northshorehorizons.org



Purpose of your Program:

Victim-centered supportive and advocacy services in Lake County

Funding from United Way supports:

Direct services to victims of domestic violence and sexual assault

What can my contribution accomplish?

- \$13 provides lock changes for victims as part of their safety plan against violence
- \$45 provides a one-night-stay in an emergency shelter for victim and family in immediate need to flee violence.
- \$120 provides 10 weeks of support group services for up to 8 survivors of sexual or domestic violence.
- \$5 provides one emergency fast food meal for one individual who is fleeing domestic violence
- \$10 provides one emergency food card for survivors fleeing domestic violence.

Clients served last year:

353 adults and children experiencing violence with 53 receiving emergency housing assistance; Prevention, education and training programs reached 987 adults and students.

Why is United Way funding important to your program/organization?

United Way funding is important to our organization in several ways:

- United Way provides critical funding in a rural area with limited resources and at a time we have seen even greater decreases in funding. For our agency, fundraising events are down 50% (2010) and several sources of funding for emergency housing have been completely cut for 2011-2012.
- The dollars received enhance the direct services NSH provides to survivors of domestic violence and sexual assault with increased staff hours.
- Additional source of volunteers and event publicity to promote North Shore Horizon's programs through the United Way Day of Caring.
- North Shore Horizons is perceived to a higher level of professionalism when the community knows we are a United Way partner.

Salvation Army – Lake County Service Unit

Purpose:

The Salvation Army - Lake County Service Unit provides emergency financial assistance and special projects to residents who are falling through the cracks or are unable to get assistance through other agencies or government programs. We meet the temporary, emergency needs of people experiencing a crisis situation.

Special projects include a Back-to-School program to ensure all children begin the school year with the necessary tools to succeed; a Community Care ministries program which provides spiritual support, friendly visitation and a gift to "forgotten ones" in nursing homes and shut-ins; a holiday food basket program (Easter, Thanksgiving, and Christmas) along with toys at Christmas; and Summer Camp for children from low-income families who would never have the opportunity to attend a residential week-long camp.

Funding from United Way supports:

Funding from United Way supports our emergency financial assistance program which provides food, utility and rent assistance, transportation, emergency prescriptions, etc. to individuals who are falling through the cracks or are unable to get assistance through other agencies or government programs. A portion also is designated to our Christmas food and toy project.

Why is United Way funding important to your program/organization?

Funding from the United Way is very important to our program. In addition to the United Way funding, we rely heavily on donations during the holiday season - our kettle campaign. Our kettle campaign can fluctuate so much each year and it helps us in planning knowing that we have a definite allocation from United Way. Whenever possible, we collaborate with other local agencies to meet client needs.

What can my contribution accomplish?

- \$6 per week will provide rent or utility assistance one time during a given year for a household in crisis.
- \$1 per week will provide 1 needy child with a Back-to-School backpack, supplies, and underclothes.
- \$2 per week will provide a small gift to elderly in nursing and veteran's homes during the holiday season.

Clients Served Last Year: 1,155

Examples of how people are helped by the services provided:

- When a homeless family was living in their van, The Salvation Army of Lake County assisted them with rent and deposit once they found an apartment.
- A client on SSI who also worked part-time received a cut in hours (down to 7 hours per week) needed assistance with a portion of rent. The Salvation Army was able to assist this client.
- When a client's unemployment ran out and also had medical issues, we assisted with utilities.
- A client was hospitalized and could not pay rent; consequently was evicted from housing. We collaborated with other agencies to get this client into new housing that was affordable.



Socially Active Seniors

409 3rd Avenue
Two Harbors, Minnesota 55616
(218) 830-0600

Purpose:

Socially Active Seniors (SAS) assists adults 55 and older to maintain an active and healthy lifestyle. We provide programs that will bring seniors together through socialization, recreation and education.

Funding from United Way supports:

Funding primarily supports transportation for our seniors throughout the Two Harbors and outlying communities. Many of our seniors no longer drive and we provide an opportunity for them to ride the bus to all of our activities.

Why is United Way funding important to your program/organization?

Without the transportation dollars that United Way funding provides, many of our seniors would be unable to attend our programs in and out of the local area.

What can my contribution accomplish?

- Socially Active Seniors provides books of bus tickets \$10 for some of our seniors. It also allows SAS to charge less for our out of town trips such as Grand Marais, Duluth theater events and special lunch trips. We cover the costs of our in town trips.
- Funding for Activity Coordinator \$120, toward 2 hours monthly for the coordination of transportation for monthly programs offered by SAS.

Clients Served Last Year:

Approximately 230 seniors were provided transportation to 28 + programs in Two Harbors and the surrounding communities.

Examples of how people are helped by the Socially Active Seniors program

- Each year as we travel to Grand Marais for our Color Tour and Senior Lunch we provide the opportunity for families to spend time together. By providing the transportation loved ones from Two Harbors, Silver Bay and Grand Marais who no longer drive, are able to spend a fun day together.
- Interaction with other senior organizations in the community helps us to identify adults who may have a need for more activity and socialization. Such is a case of a widow who called and stated "I think I would like to go to one of the SAS programs and see my friends again." She continues to be involved in our programs and even is there for other widows.

